



MEEKA
OHS Consulting

Meeka OHS Consulting

SHE Systems made simple, but effective. Providing smart safety solutions.



About Meeka

- Meeka OHS Consulting was established in 2020 with more than 10 years of experience in the safety consulting industry. Safety is our passion.
- We have specialised skills, and all the safety knowledge to guide you and your organisation.
- We reduce risk and save costs.
- Keeping people safe is our number one priority whilst keeping your budget in mind.
- We pride ourselves on being the best, most professional safety, health, and environmental consultancy company and provide quality services to our customers.
- We ensure that your organization is always compliant with the Occupational Health and Safety Act and its Regulations, Municipal and Provincial by-laws, and any safety audits and inspections.
- Occupational Health and Safety and Environment is our speciality, and we implement and maintain safety management systems for any industry and any workplace. These include Mining, Building and Construction, Logistics, Automotive, Manufacturing, Schools,
- Engineering, Electrical, Warehousing, Offices, and General Industry. No project is too big or too small for us.
- We assess your current system and improve the system, regardless of your safety challenges, needs, and expectations.

We are unique with our approach, and we make safety fun & exciting.

We strive for building safety relationships.

We offer very competitive packages.

Professional Platforms

Registered with the **South African Institute of Occupational Health and Safety (SAIOSH)**

Member of **Future Females**

Registered with **ETDP Seta** and **TETA**

Contact

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Our Services

Professional services we carry out on a regular basis.

- Assisting with Compliance Certification, which includes ISO Standards.
- Preparation and Compliance with Department of Labour inspections.
- Compliance with the Occupational Health and Safety Act and Regulations, NEMA (National Environmental Management Act)
- Implementation of safety systems as per your organization needs and expectations.
- Ergonomics training and implementation.
- Writing of Safe Work Procedures and Safe Operating Procedures.
- Working at Heights Plans.
- Training on Housekeeping principles.
- Internal and External Safety Audits. Medical surveillance programs and training. Can be done on-site.
- Occupational Hygiene programs and Surveys.
- Conducting and writing of Risk Assessments and Method Statements, which includes training your staff and management on risk assessments.
- Safety Training
- Implementing and Improvement of Safety Files
- Site-Safety inspections and surveys.
- PPE (Personal Protective Equipment) Surveys, Evaluation, and Training.
- Contractor Management.
- Training on how to conduct safety meetings and safety/toolbox talks.
- Safety Consulting and Analysis.
- Incident and Accident Investigations.
- Emergency and Evacuation Planning and Training. Guidance on Assembly Point implementation.
- Business Continuity Plans.

A little something about the Director....



I am Mariska van der Merwe, Director and Founder of Meeka OHS Consulting with over a decade of notable achievements and experience in the health and safety, spanning various industries.

As an experienced professional in Health and Safety, I derive immense satisfaction from witnessing the development of a robust safety management system and program for our clients through our consistent delivery and professional services.

Being the Founding Director of Meeka OHS Consulting, I am firmly committed to the belief that every employer has the moral obligation to ensure the safety and well-being of their employees and the environment. While I understand the fast-paced corporate world, where time is money and operations are essential, at Meeka OHS Consulting we firmly assert that health and safety must remain a top priority.

Originating from Vanderbijlpark, my journey as led me to establish Meeka OHS Consulting. Today, I proudly call Boksburg my home, where I share my life with my loving husband and cherish my role as a parent to three remarkable children. They form the bedrock of my unwavering support system. My ultimate life aspiration is to impart to my children the unwavering belief that with dedication and unwavering persistence, they can attain any ambition they set their minds to.

I firmly believe that in life, the most meaningful achievements are those earned through hard work and perseverance, just as in health and safety – an ongoing journey.

With one planet, one ecosystem, and one life, preserving them all is of utmost importance, and why I am committed to safeguarding the well-being of our clients, individuals, and the environment.



MEEKA OHS CONSULTING (Pty) Ltd

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